

C.U.R.E. FOUNDATION

PRAYER GUIDE

PRAY WITH REVERENCE AND HUMILITY:

- **Scripture Basis:** Psalm 95:6 - "Come, let us bow down in worship, let us kneel before the Lord our Maker."
- **Why:** We approach God with reverence because He is holy and worthy of our respect. Humility acknowledges our dependence on Him.

PRAY IN JESUS' NAME:

- **Scripture Basis:** John 14:13-14 - "And I will do whatever you ask in my name, so that the Father may be glorified in the Son. You may ask me for anything in my name, and I will do it."
- **Why:** Jesus is our mediator with the Father. Praying in His name aligns our prayers with His will and authority.

PRAY WITH FAITH:

- **Scripture Basis:** Mark 11:24 - "Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours." DAY 3
- **Why:** Faith pleases God (Hebrews 11:6) and demonstrates our trust in His ability to answer our prayers according to His wisdom.

PRAY ACCORDING TO GOD'S WILL:

- **Scripture Basis:** 1 John 5:14 - "This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us."
- **Why:** God's will is perfect and aligns with His purposes. Praying according to His will ensures that our requests are in line with His plans for our lives and the world.

PRAY PERSISTENTLY:

- **Scripture Basis:** Luke 18:1 - "Then Jesus told his disciples a parable to show them that they should always pray and not give up."
- **Why:** Persistence in prayer reflects our earnestness and dependence on God. It also demonstrates our faith in His timing and sovereignty.

PRAY IN SPIRIT AND TRUTH:

- **Scripture Basis:** John 4:23-24 - "Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks."
- **Why:** Praying in spirit involves sincerity, authenticity, and being led by the Holy Spirit. Praying in truth means aligning our hearts and words with God's Word and His character.

PRAY WITH THANKSGIVING:

- **Scripture Basis:** Philippians 4:6 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."
- **Why:** Gratitude acknowledges God's goodness and faithfulness in our lives. It shifts our focus from problems to His provision and care.

WHY WE PRAY

COMMUNION WITH GOD:

- **Scripture Basis:** James 4:8 - "Come near to God and he will come near to you."
- **Reason:** Prayer fosters intimacy and relationship with God. It allows us to draw near to Him, share our hearts, and listen to His voice.

SUBMISSION TO GOD'S SOVEREIGNTY:

- **Scripture Basis:** Matthew 6:10 - "Your kingdom come, your will be done, on earth as it is in heaven."
- **Reason:** Prayer acknowledges God's sovereignty over our lives and the world. It aligns our desires and actions with His purposes.

SEEKING GUIDANCE AND WISDOM:

- **Scripture Basis:** James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."
- **Reason:** Prayer allows us to seek God's wisdom and guidance in making decisions and navigating life's challenges.

INTERCESSION FOR OTHERS:

- **Scripture Basis:** 1 Timothy 2:1 - "I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people."
- **Reason:** We pray for others to lift their needs before God, to see His work in their lives, and to participate in His mission of love and redemption.

SPIRITUAL WARFARE:

- **Scripture Basis:** Ephesians 6:12 - "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."
- **Reason:** Prayer is a powerful weapon against spiritual attacks and evil forces. It allows us to claim God's protection and victory in spiritual battles.

PERSONAL TRANSFORMATION:

- **Scripture Basis:** Romans 12:2 - "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."
- **Reason:** Prayer facilitates our spiritual growth and transformation. It opens our hearts to God's work in us, conforming us to the image of Christ.

In essence, prayer is both a privilege and a necessity for believers. It connects us with God, aligns us with His will, strengthens our faith, and invites His presence and power into every aspect of our lives and the lives of others.

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